



# Power of Progress

## HOLIDAY SCHEDULE

<b>DAY</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>
New Years Day	Jan. 1	Jan. 1	Jan. 1
Good Friday	Mar. 21	Apr. 10	Apr. 2
Victoria day	May 19	May 18	May 24
Canada Day	Jul. 1	Jul. 1	Jul. 1
BC Day	Aug. 4	Aug. 3	Aug. 2
Labor Day	Sep. 1	Sep. 7	Sep. 6
Thanksgiving Day	Oct. 13	Oct. 12	Oct. 11
Remembrance Day	Nov. 11	Nov. 11	Nov. 11
Christmas Day	Dec. 25	Dec. 25	Dec. 25
Optional:			
Christmas Eve (Day)	Dec. 24	Dec. 24	Dec. 24
Boxing Day	Dec. 26	Dec. 26	Dec. 26

\*\* Trainers may have religious holidays that they follow that are not on this list.  
Please consult with them when making arrangements for personal training.